

## \* Ad Hoc Member

## Wellness Coordinators

# Strategies:

- Healthy Weight
- Stress Management

Members: Diane (Chair), Tina, Paula N., Heather, Mike L., Lisa M., Paula B.

# **HBC Workgroup Committees**

## Communication

#### Strategies:

- Leadership Support
- Employee Education
- Evaluation

Members: Mike L. (Chair), Mike O., Linda H., Lisa M.

#### Resource

## Strategies:

- Diabetes Prevention/Management
- Tobacco Cessation
- Preventive Health

Members: Lisa M. (Chair)., Bill, Mike L., Becky, Jean